



SICOT India-ICL Kochi
April 28, 29, 2012

IMA House
Kaloor, Kochi, Kerala



Current Concepts Course

Theme:
“Principles and Best Evidence”



Prof. Ashok Johari
 Editor,
 Journal of Paediatric
 Orthopaedics (British)



Prof. M S Dhillon
 PGIMER,
 Chandigarh



Prof. Anil Jain
 Editor,
 Indian Journal of
 Orthopaedics



Prof. Prakash Kotwal
 HOD, AIIMS,
 New Delhi



Prof. A Devadoss
 Former President
 Indian Orthopaedic
 Association



Prof. Ravi Mittal
 AIIMS, New Delhi



Prof. Rajagopalan
 Pondicherry



Dr. Mangal Parihar
 Limb Reconstruction
 Surgeon



Prof. R Sivakumar
 Madurai





Dr. Terrence J Jerome
Deputy Editor
Journal of Hand
and Microsurgery



Dr. Lazar Chandy
AO Trustee , India



Prof. Mohan Kumar
SRMC Chennai



Dr. Ashok Das
Kolkata



Prof. Satish Goyal
Aurangabad



Dr. Krishna Kumar
Plastic Surgeon,
Calicut



Dr. Chetan Pradhan
Sancheti Institute, Pune



Prof. Gopinathan
Calicut



Prof. Murali Poduval
Pondicherry





**Prof.G C Basavaraja
Davengere**



**Dr.Sudhir Warriier
Hand Surgeon
Mumbai**



**Dr.John Ebenezer
Bangalore**



**Dr.Senthilnathan
Cincinatti
Children's Hospital
Ohio, USA**



**Dr.Vaibhav Bagaria
Sports MED
Australia**



**Dr. Sughran Banerjee
Apollo
Gleanangles Hospital**



**Prof. Jaithilak
Amrita Institute
Kochi**



**Prof. Renjit Kumar J
Amrita Institute
Kochi**



**Prof. Sajesh Menon
Amrita Institute, Kochi**





**Dr. Sudish K
Kochi**



**Dr. Cherian Kovoov
Paediatric Orth Surgeon
Kochi**



**Prof. Rajesh P
Calicut**



**Dr. Bipin Theruvil
Medical Trust Hospital
Kochi**



**Dr. Suresh Pillai
Kochi**



**Dr. Vinod Padmanabhan
Kochi**



**Dr. Sumer Sethi
CEO
Tele Radiology Providers
New Delhi**



**Dr. Alex Jacob
Kochi**



**Dr. Bhaskar Subin Sugath
SUT, Trivandrum**





Dr. Atul Patil
Sancheti Institute
Pune



Dr. Biju Pankapally
Shoulder Surgeon
Lakeshore Hospital, Cochin



Prof. T S Gopakumar
Trivandrum



Dr. Anil Bhatia
Mumbai



WEBINAR



Prof. Mohit Bhandari
Canadian Trauma
Research Chair



Dr. Selene G Parekh
Foot and Ankle Surgeon
North Carolina, USA



Société Internationale de Chirurgie Orthopédique et de Traumatologie
International Society of Orthopaedic Surgery and Traumatology **SICOT**
a.i.s.b.l.
Orthopédique et de Traumatologie

Schedule

Saturday April 28

Trauma

9:00 AM Proximal Humerus Fracture	Dr Lazar Chandy
9: 10 AM Fractures of the Distal Humerus	Dr Vinod Padmanabhan
9: 20 AM Fractures of the Distal Radius	Dr Rajesh P
9: 30 AM Overview of Pelvic fracture Treatment	Dr Atul Ashok Patil
9: 40 AM Fracture Neck of Femur	Dr R. Sivakumar
9: 50 AM Fractures of the Distal Femur	Dr Gopinathan P
10:00 AM Fractures of the Proximal Tibia	Dr Chethan Pradhan
10: 10 AM Pilon Fractures	Dr Lazar Chandy
10:20 AM Calcaneal Fractures	Dr MS Dhillon
10:30- 11:00 Discussion Time: Knowledge Gaps and Opportunities	
11:00 AM ICL Course Inauguration	

Tea Break

Trauma (Contd)

11: 30 AM Lisfranc Joint Injuries	Dr MS Dhillon
11: 40 AM Soft tissue coverage of Tibial Defects	Dr KG Bhaskara
11: 50 AM Infected Nonunion tibia	Dr Cherian Kovoov
12:00- 12:30 Discussion Time: Knowledge Gaps and Opportunities	

Spine

12: 30 PM Tuberculosis of Spine	Dr Anil K Jain
12: 40 PM Intervertebral Disc Prolapse: Current Standards	Dr Suresh Pillai
12: 50 PM Spondylolisthesis: Current Trends	Dr R. Sivakumar

Schedule

1:00 PM Autonomic Dysreflexia	Dr Sudish Karunakaran
1: 10 PM Thoracolumbar fractures	Dr Budharaju Verma
1: 20 PM-1: 45PM Discussion Time: Knowledge Gaps and Opportunities	

Lunch Break:

2:20 PM Rehabilitation of spinal cord injury	Dr Sajesh Menon
2: 30 PM Lumbar Canal Stenosis	Dr Ashok Das
2: 40 PM Spinal Metastasis: Management Principles	Dr Sajesh Menon
2: 50 PM-3: 10 PM Discussion Time: Knowledge Gaps and Opportunities	

Arthroplasty

3: 10 PM Biomechanics of the knee, rationale for TKA designs	Dr Vaibhav Bagaria
3: 20 PM Bone cement, Cementation techniques in Arthroplasty	Dr Murali Poduval
3: 30 PM Prosthetic Joint Infection	Dr Bipin Theruvil
3: 40 PM Biomechanics of the Hip: Principles and Applications	Dr Gopinathan P
4: 00 PM Femoroacetabular Impingement	Dr Jaithilak
4: 10 -4: 30 PM Discussion Time: Knowledge Gaps and Opportunities	

Tea Break

Sports Surgery

4:50 PM Rotator Cuff disease: Current practice Guidelines	Dr Biju Pankapally
5: 00 PM Biomechanical Principles of ACL Reconstruction	Dr Jaithilak
5: 10 PM PCL, PLC, biomechanical principles of Reconstruction	Dr Ravi Mittal
5: 20 PM Platelet rich Plasma-Current Implications	Dr Mohan Thadi
5: 30 PM Recurrent Dislocation of Shoulder	Dr Ravi Mittal
5:40-6:00 PM Discussion Time: Knowledge Gaps and Opportunities	
6:30 PM: PG Clinics. Moderators: Prof Prakash Kotwal,	Prof Tigy Thomas Jacob

Schedule

Sunday April 29, 2012

Orthopaedic Oncology

8:30 AM Limb salvage Surgery: Principles and Current Practice	Dr Renjit Kumar J
8: 40 AM Giant Cell Tumour	Dr Bhaskar Subin
8: 50 AM Benign bone tumours: An Overview	Dr Renjit Kumar J
9:00 AM Bone Metastasis: Evaluation & Management Principles	Dr Mohan Kumar
9: 10- 9:35 AM Discussion Time: Knowledge Gaps and Opportunities	

Tea Break

Principles of Surgery

10:00 AM Damage Control Orthopaedics	Dr Rajagopalan
10: 20 AM Bone graft Substitutes:	Dr Alex Jacob
10: 30 AM Current Trends in Enhancement of Fracture Healing	Dr Chethan Pradhan
10: 40 AM Biomechanical Principles of External Fixation	Dr Mangal Parihar
10: 50 AM Computer Navigation in Surgical Practice	Dr RR Ravi
11: 00 AM Gate Control Theory of Pain and its implications	Ms Payal Jain
11: 10 AM Principles of Postoperative Pain Management	Dr K Vinodan
11:20- 11: 40 Discussion Time: Knowledge Gaps and Opportunities	

Hand

11: 40 PM Management of brachial plexus injuries in Adults	Dr Anil Bhatia
11: 50 PM Infections of the Hand	Dr S. Banerjee
12: 00 PM Radial Nerve Palsy	Dr Prakash Kotwal
12:10 PM Median Nerve Palsy	Dr KrishnaKumar
12:20 PM Ulnar Nerve Palsy	Dr GC Basavaraja
12:30 PM Fractures of the Scaphoid	Dr Sudhir Warriar
12: 40 PM Obstetric Brachial Plexus Palsy	Dr Terrence Jerome
12:40- 01:00PM: Discussion Time: Knowledge Gaps and Opportunities	

Schedule

Lunch Break

Paediatrics

01: 30 AM Evaluation of Cerebral palsy	Dr Ashok N Johari
01: 40 PM Limb Length inequality: Treatment Principles	Dr Mangal Parihar
01: 50 AM Perthe's Disease: Current Concepts	Dr TS Gopakumar
02: 00 PM Gait: Evaluation of Abnormal Gait patterns	Dr Murali Poduval
02: 10 PM Floor Reaction Orthosis	Dr Sibin Surendran
02: 20 PM Approach to a child with Arthritis	Dr Suma Balan
02: 30 PM- 2: 50 PM Discussion Time: Knowledge Gaps and opportunities	

Infection:

3: 00 PM Anti- Tuberculosis Therapy: Current Concepts	Dr TS Gopakumar
3:10 PM Tuberculosis of the hip joint: Management Principles	Dr R Selvaraj
3:20 PM Leprosy: Principles of Management	Dr Basavaraj
03- 30- 03: 45 PM Discussion Time: Knowledge Gaps and Opportunities	

Tea Break

Foot and Ankle

04:00 PM Hallux Valgus	Dr Bipin Theruvil
04: 10 PM Tarsal Tunnel Syndrome	Dr Tushar Mehta
04: 20 PM Neuropathic Joint	Dr John Ebnazer
04:30 -04:45 PM Discussion time: Knowledge Gaps and Opportunities	

Imaging:

05: 00 PM MRI In Orthopaedics	Dr Sumer Sethi
05: 10 PM PET scan in Orthopaedics	Dr Srikanth Murthy
05: 20- 05: 40 Discussion Time: Knowledge Gaps and Opportunities	
6:30 PM PG Clinics. Moderators: Prof Devadoss, Prof Tigy Thomas Jacob	

Organising Committee

Course Director: Dr Ashok N. Johari

Venue:

- Dr Vinod Padmanabhan
- Dr Santhosh VC
- Dr Saithali
- Dr Mohammed Kutty
- Dr Atul Urgunde
- Dr Shamsul Hoda
- Dr Murali
- Dr Pankaj Patni

Registration:

- Dr Ranjith TC
- Dr Adnan Zahoor
- Dr Jisha Jean
- Dr Mukesh
- Dr Ronish
- Dr Melvin
- Dr Ashok Sunil Gavaskar
- Dr Hrutvij Bhatt

Faculty Accommodation and Transport

- Dr Alex Jacob
- Dr Mukesh Parmar
- Dr Anup Pahune
- Dr Vinay J.C.

Food Committee:

- Dr Jiss
- Dr Peter Zacharia

PG Clinics Committee

- Dr Cyril Cherian
- Dr Biju PV
- Dr Jayesh Yadav
- Dr Ratnakar
- Dr Shajee
- Dr Abhishek Gupta
- Dr Dhananjay Rasam
- Dr Krishnaprasad

SICOT ICL Co-ordinator: Dr Hitesh Gopalan U

Email: arthritis.research.kochi@gmail.com. Phone: +91-9747093443

Web: www.orthopaedicprinciples.com



Upcoming Event

SICOT 2013
Hyderabad, India

Editorial Office:
Sreelakshmi. T
Editorial Assistant (Publishing),
2B, Skyline Templeton Aptmnts,
Manickath Road,
Ravipuram, Cochin, Kerala